



KIWI RECIPES

Our Favourite Recipes for Our Favourite Plants

RECIPE NAME Rose Hip Moisturizing Salve **MAKES** 1/2 cup

CATEGORY Cosmetic **PREP TIME** 5 minutes **COOK TIME** 15 minutes

MY RATING



VEGETARIAN

VEGAN

RAW FOOD

SUGAR FREE (uses natural sugars)

GLUTEN FREE

DAIRY FREE

INGREDIENTS

4 tbsp rose hip oil
2 tbsp coconut oil
2 tbsp beeswax
5 drops vitamin E
15 drops essential oil of choice

DIRECTIONS

1. Using a double boiler, melt together rose hip oil, coconut oil, beeswax, vitamin E and essential oil.
2. Once fully incorporated remove from heat and pour into a heat safe storage container.
3. Allow to fully cool before placing a lid on the container for storage.

STORAGE

Store in an air tight container in a cool, dry and place.

MY NOTES
