



KIWI RECIPES

Our Favourite Recipes for Our Favourite Plants

RECIPE NAME Evergreen & Honey Lip Balm **MAKES** 1/2 cup

CATEGORY Cosmetic **PREP TIME** 5 minutes **COOK TIME** 15 minutes

MY RATING



VEGETARIAN

VEGAN

RAW FOOD

SUGAR FREE (uses natural sugars)

GLUTEN FREE

DAIRY FREE

INGREDIENTS

5 tbsp evergreen infused olive oil
1 tbsp coconut oil
2 tbsp beeswax
1 tsp castor oil
1 tsp liquid raw honey
10 drops lemon essential oil

*shallow ice bath needed

DIRECTIONS

1. Using a double boiler, melt together evergreen oil, coconut oil, beeswax, and castor oil.
2. Once fully incorporated remove from heat and pour into a heat safe storage container.
3. While mixture is still hot, add in essential oil and honey, stir well.
4. Move warm mixture to shallow ice bath and stir until mixture begins to solidify.
5. Allow to fully cool before placing a lid on the container for storage.

STORAGE

Store in an air tight container in a cool, dry and place.

MY NOTES
