



KIWI RECIPES

Our Favourite Recipes for Our Favourite Plants

RECIPE NAME Relaxing Lavender Linen Spray **MAKES** 1/2 cup

CATEGORY Home **PREP TIME** 5 minutes **COOK TIME** _____

MY RATING



VEGETARIAN

VEGAN

RAW FOOD

SUGAR FREE (uses natural sugars)

GLUTEN FREE

DAIRY FREE

INGREDIENTS

2 tbsp lavender infused vodka
6 tbsp distilled water

Small spray bottle

DIRECTIONS

1. Pour both ingredients into a small spray bottle using a funnel.
2. Give a gentle shake.

STORAGE

Keep by the bedside to use on your pillow or linens for a restful nights sleep.

MY NOTES
